

# Matariki



## Tupuārangi

Tupuārangi is connected to food that comes from the sky, Tupuārangi is the star connected to all elevated food products like berries, fruits harvested from trees and birds. It is positioned at the top right of the cluster.

### Whakatauki (proverb)

E koekoe te Tūi, e ketekete te kākā,  
e kūkū te kererū,

The tūi chatters, the kākā cackles,  
the kererū coos

### Kupu whakarite (metaphor/simile)

He poho kererū- the bosom of a kereru.

This kupu whakarite is one which  
expresses pride.

This kupu whakarite is to  
describe a hard worker.

### Ideas for learning through play

1. Learn the karakia kai: Nau mai e ngā hua
2. Talk about/find out about/draw/explore Tane Māhuta.
3. Plant fruit trees, or blackberries, or blueberries.
4. [Mindfulness activity](#): Lie down under trees, close eyes and take note of what you can hear? Maybe you hear bird sounds, rustling leaves for example.
5. Explore [taonga puoro](#) (musical instruments) such as hue (gourd).
6. Go tree climbing.
7. Explore te aitanga pepeke (the insect world).
8. Try out some [te reo Maori words or phrases](#) ki te tēpu kai (at the dinner table).
9. Sing the waiata [E rima ngā manu](#)
10. Read the pukapuka (book) [Ngā Manu i Runga i te Rākau](#)