



Karakia mō te Kai

E te Atua

Whakapainga ēnei kai

Hei oranga mō ō mātou tinana

Ko Ihu Karati hoki tō mātou Ariki

Āmine

Blessing of Food

O Lord

Bless our food

As wellbeing for our body

For Jesus Christ our Lord

Amen

This is a Christian prayer for blessing of food.