



## NOTES

Where is your civil defence/emergency kit located. If the building was damaged and you couldn't get in can you still access it?.

Keep paperwork in a waterproof ziplock bag. Also handy to have a copy saved up in a cloud storage

Batteries not in use have a shelf life of 10 years but check for leakages, keep in original package if possible and not in contact with metal

Water to drink (3L per person per day): *5 drops bleach per litre, 1/2 tsp for 10 litre, store in dark place and replace water every 12 months*

Survival blankets only any good if the person is warm and to keep heat in, they won't heat a person up. Can fit 2-3 children per blanket

First Aid Kit at least medium/large size. Needs to be able to cater for your numbers

Duct tape for broken windows, work gloves to pick up broken glass etc.

Tarps to sit on or use as shelter

Woollen blankets are good but bulky and take up room so depends on amount of room you have

Record the frequency for your local stations in your Emergency Plan. These can be found at: <http://getthru.govt.nz/how-to-get-ready/radio-stations-to-listen-to/>

Food, snacks & rations enough for 24/48 hours

Ensure all present would have with them wind and waterproof clothing, sun hats, and strong outdoor shoes (maybe just all bring this each session)

Ensure any essential medications are bought with individual for each session in quantity that would last at least 48hrs - if not able to be stored at centre (i.e. insulin)

Information on how to plan for feeding babies under 12mths old can be found at

[https://www.health.govt.nz/system/files/documents/topic\\_sheets/feeding-your-baby-in-an-emergency-dec15.pdf](https://www.health.govt.nz/system/files/documents/topic_sheets/feeding-your-baby-in-an-emergency-dec15.pdf)

You should have a 'getaway kit' in case you need to evacuate in a hurry - this may be just packing some parts of emergency kit in 'getaway' bag. \*

Planning for evacuation should be part of your Emergency Plan - look at <http://getthru.govt.nz/how-to-get-ready/evacuation/> for more tips

### \*GETAWAY KIT

Torch and radio with spare batteries

Any special needs such as hearing aids and spare batteries, glasses or mobility aids

Emergency water and easy-to-carry food rations such as energy bars and dried foods in case there are delays in reaching a welfare centre or a place where you might find support. If you have any special dietary requirements, ensure you have extra supplies

First aid kit and essential medicines

Essential items for infants or young children such as formula and food, nappies and a favourite toy

Change of clothes (wind/waterproof clothing and strong outdoor shoes)

Some toiletries – towel, soap, toothbrushes, sanitary items, toilet paper

Blankets or sleeping bags

Face and dust masks

