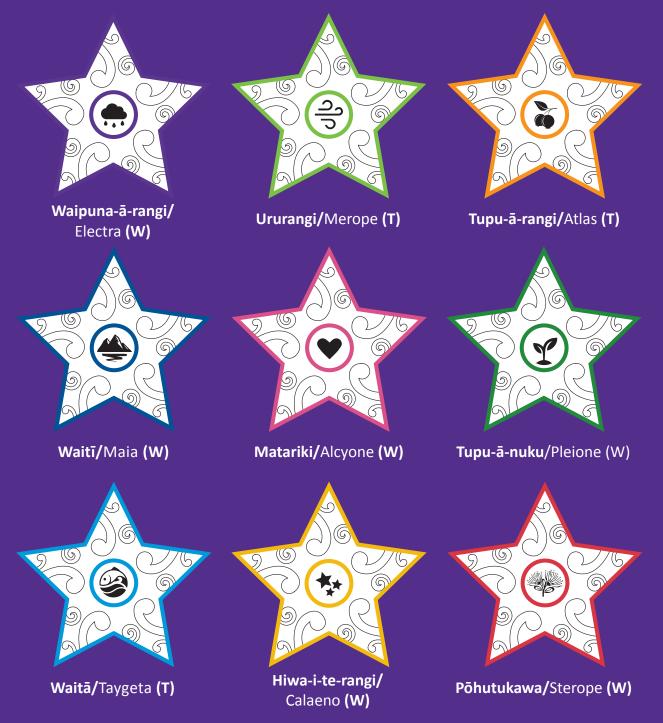


Ngā mata o te ariki Tāwhirimatea

The eyes of the God







Takakau Māori Bread

Great to share at Playcentre for Matariki

Real Takakau has no rising agent (ie. baking powder), just flour and water. This recipe uses quite a large quantity of flour. It can be prepared and baked 35 minutes before a main meal is served or served hot or cold with butter, jam and a cup of tea.

Takakau Māori Bread - Serves 20

Ingredients

- 5 cups of flour
- 5 teaspoons of baking powder
- 600mls milks (approximately)



Method

Pre-heat oven to 200C.

Sift flour and baking powder into a large bowl.

Make a well in the centre and pour in milk, combine mixture together.

Turn out onto a floured bench and knead gently with floured hands.

Roll to a flat round shape.

Ideally lightly flour a round pizza tray and knead dough into the tray and to the inside of the edges.

Bake for approximately 30 minutes or until golden brown.

Serve hot and/or allow to cool. Leftovers when cooled can be covered with a damp tea-towel and stored in an airtight container.







Tirama Tirama Matariki Waiata

Stars Song

Tirama Tirama Matariki Me ana Tamariki Tupu-ā-nuku Tupu-ā-rangi Waitī Waitā Waipuna-ā-rangi e Ko te pōtiki ko Ururangi

Twinkle Twinkle Matariki And her children Tupu-ā-nuku Tupu-ā-rangi Waitī Waitā Waipuna-ā-rangi e And the youngest, Ururangi

https://www.youtube.com/watch?v=IWI95sVbb5o







Karakia

Te Ao o te Harakeke Karakia

Ko Io-matua-kore Ko Whaea rikoriko Ko Rangi-nui Ko Papatūānuku Ko Tāne Ko Tāne Ko Pakoti Ko te Harakeke Ko te Harakeke Ko te Kōrari Ngā Taonga whakarere iho O te Rangi O te Whenua O ngā Tūpuna Homai hei oranga mō tātou Prayer for matters related to flax Treasures handed down By the Heavens By the Earth By the Ancestors As sustenance for us The first breath of life!

This karakia acknowledges the whakapapa of the harakeke and is used before harvesting harakeke.







Phormium tenax (harakeke) is the flax mainly used for making baskets, mats, head bands, food baskets, cloaks and tāniko – finger weaving.

Phormium cookianum (wharariki) is largely ignored but it used for plaiting mats and baskets.

Say a Karakia before you cut the flax. (optional)

Don't cut flax in the rain or at night.

Don't cut flax while mate wahine (menstruating)

Do not eat while working with the flax.

Children and women do not step over flax or unfinished flax work.

Dispose of flax back to the earth/compost, this is where it has come from, do not burn it.

One something is started it must be finished no matter what it looks like.

It is usual for the first article to be given away or buried.

Cut flax using the following instructions.

Cutting

When a suitable plant has been selected, the leaves are harvested. The central shoot, called the rito (1 in fig. viii), and the leaves on either side of it (2 in fig. viii) should not normally be cut as doing so weakens the plant considerably and also these leaves tend to shrink more than more mature ones as they dry.

The next leaves (3 in fig. viii) outside the three central ones are used for plaiting. From two to six will generally be taken from

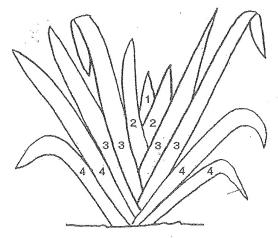


FIGURE viii

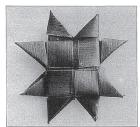
each fan of leaves. They are cut with a downward motion with a sharp knife, as near as possible to where they join the fan. The older tattered leaves (4 in fig. viii) should also be cut to encourage new growth and to make the next cutting easier.

Written by Dianne Meades. Information from Fun with Flax, 50 projects for beginners by Mike Pendergrast. ISBN 0-474-00202-0





Harakeke Star



This star uses the first movements of the third star (unit 17) and is included here as a simpler form for practice.

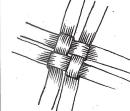
The first movements are made following the movements for figs. 14.1 to 14.10 for the frog (unit 14). Fig. 15.1 shows the work at the end of fig. 14.10 for the frog. Continue from here.

Fold strip 1 in fig. 15.2 diagonally, along the dotted line and in the direction indicated by the arrow to lie in the position shown in fig. 15.3.

A third fold is made in the same strip 1 in fig. 15.4 at the dotted line marked with the arrow. The whole strip is now folded over onto itself, as indicated by the arrows, to lie in the position shown in fig. 15.5.

The end of the same strip 1 in fig. 15.5 is threaded under the strip labelled 2. It is pulled through towards the worker to lie in the position shown in fig. 15.6.

FIGURE 15.6



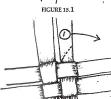
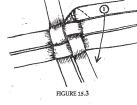


FIGURE 15.2



The same strip 1 in fig. 15.3 is again folded diagonally along the dotted line, in the direction indicated by the arrow, to lie in the position shown in fig. 15.4.

fold 0 FIGURE 15.4

The same strip 1 in fig. 15.8 is again folded at the point marked, and onto itself, as indicated by the arrows, to lie in the position shown in fig. 15.9.

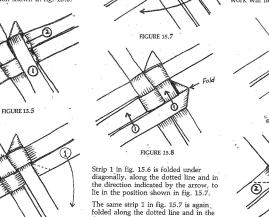
The same strip 1 in fig. 15.9 is threaded through the loop that lies beneath the position marked with *. The actual loop through which it is threaded is hidden in the diagram by strip 2. The work will now look like fig. 15.10.

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FIGURE 15.9

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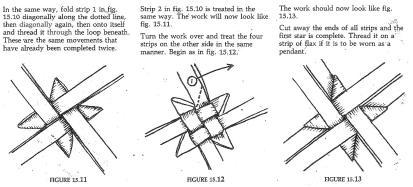
FIGURE 15.10 The work should now look like fig. 15.13.



The same strip 1 in fig. 15.7 is again folded along the dotted line and in the direction indicated by the arrow to lie in the position shown in fig. 15.8.

Strip 2 in fig. 15.10 is treated in the same way. The work will now look like fig. 15.11.

Turn the work over and treat the four strips on the other side in the same manner. Begin as in fig. 15.12.



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