

## Playcentre Aotearoa's Nappy Changing and Disposal Procedure



#### Education (Early Childhood Services) Regulations 2008. Regs 46(1)(b)

#### Licensing Criteria for Centre-based Education and Care Services 2008 (as amended May 2016):

**HS3:** A procedure for the changing (and disposal, if appropriate) of napples is displayed near the nappy changing facilities and consistently implemented.

<u>Documentation required:</u> A procedure for the changing (and disposal, if appropriate) of nappies.

The procedure aims to ensure:

- Safe and hygienic practices; and
- That children are treated with dignity and respect.

Item	Procedure
1.0	BEFORE
1.1	Centres should ensure tamariki;
	<ul> <li>a) Have a right to privacy.</li> <li>b) Are always safe and protected from abuse and neglect.</li> <li>c) Have reciprocal and responsive relationships that are fostered e.g. talking to the child about what is happening.</li> <li>d) Are encouraged to be as independent as possible; i.e. toileting, accessing changing area/table, dressing and drying themselves, deciding when nappies are changed.</li> </ul>
1.2	In the first instance the parent or caregiver of a child requiring toileting assistance or nappy changing should take on this responsibility.
	If the child's parent or caregiver is not available, as the attending adult - inform another adult when taking tamariki other than your own to the nappy changing area and ensure that another adult maintains a line of sight while you attend to the child's needs.
1.3	THOROUGHLY WASH AND DRY YOUR HANDS AND THE CHILD'S HANDS IF REQUIRED
1.4	Consider wearing protective gloves, particularly if you have any cuts/grazes/sores on your hands or lower arms.
2.0	DURING
2.1	Do not leave the child unsupervised at any time in the nappy changing area. Note items 2.2 – 2.8 can be done in an alternate order as needed to ensure safety and hygiene.
2.2	Remove the child's nappy and any soiled clothes. Ensure child is secure and will not fall/be able to access items unsafe to them.
2.3	Clean the child. Wash the child using the child washdown procedure if required.
2.4	Dress the child. If appropriate and wanted they could then go back to play or to another adult.
2.5	Place any solid waste into toilet
2.6	Soiled disposable nappies are to be placed in a bag for either disposing at the Centre in an external rubbish bin or it can be taken home for disposing. Soiled cloth nappies can be put in a bag, which must be kept safely out of children's reach then taken away at the end of the session for washing at home.







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	Dispose of the soiled nappy in/by:
2.7	Dispose of paper towels and/or protective gloves in the rubbish bin or put washable towels into the laundry area as per the <b>Laundering Procedure</b>
3.0	AFTER
3.1	Consider wearing protective gloves to wash down the area.
3.2	Where necessary, clean the change mat using detergent, warm water and paper towels or reusable individual use towels. If available, a disposable sheet can be placed on the change mat to help with hygienic practices.
3.3	If no sheet is used, disinfect the change mat using the designated bleach or approved solution and paper towels/reusable individual use towels. Hospital grade, disinfectant wipes may also be used.
3.4	Thoroughly clean the bleach/solution from the mat by using water and paper towels/reusable individual use towels.
3.5	Dispose of any paper towels/protective gloves/disinfectant wipes/disposable mat sheets in the rubbish bin or put reusable individual use towels for laundering as per the <b>Laundering</b> Procedure
3.6	THOROUGHLY WASH AND DRY YOUR HANDS AND THE CHILD'S HANDS IF REQUIRED

#### **GUIDELINES**

- 1. Centres should ensure that there is a safe and stable nappy changing facility that;
  - a) Can be kept hygienically clean.
  - b) Are near handwashing facilities.
  - c) Are adequately separated from areas of the service used for play and food preparation to prevent the spread of infection.

#### Ref: Licensing Criteria for Centre-based Education and Care Services 2008, PF25

2. Centres should have procedures of how potties are stored/used/cleaned.

#### Ref: Licensing Criteria for Centre-based Education and Care Services 2008, HS3

- 3. There has been an increased interest in the use of 'green', 'eco' or 'organic' cleaning products in ECE settings. Be aware that many of these products are suitable only for cleaning surfaces by removing dirt, grease and grime, and not for disinfecting surfaces to kill disease causing germs. For areas requiring disinfecting it is recommended to use a hypochlorite (bleach) based or another appropriate disinfectant.
- 4. Where reusable individual use towels are chosen by a centre used towels must be kept separate from clean towels and they must be washed separate from other laundry, in a hot wash to thoroughly disinfect them.





Revision: 3 Next Review: Mar 2024

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### **REFERENCES**

Playcentre Aotearoa's Health & Safety Policy
Playcentre Aotearoa's Child Protection Policy
Education (Early Childhood Services) Regulations 2008, HS3
Ngā Kupu Oranga Healthy Messages — a health and safety resource for early childhood services



