 **Emergency Kit Contents**

This document is to assist Playcentres prepare for an emergency where people may be stuck at Playcentre and not able to leave for up to 24 hours or may be required to evacuate as a Playcentre to an Evacuation Centre situation in a hurry.

# Content checks should be done at least annually. Discard any expired items and then ensure these are replaced in a timely manner.

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| **Item** | Suggested Quantity | Quantity needed for this centre | Location(s) | Checked Term 1 20\_\_ | Checked Term 3 20\_\_ | Checked Term 1 20\_\_ | Checked Term 3 20\_\_ | Checked Term 1 20\_\_ | CheckedTerm 320\_\_ |
| In Quick Grab bag/s | | | | | | | | | |
| Copy of Centre  Emergency Plan | 1 |  |  |  |  |  |  |  |  |
| Copy of Emergency contact details for children & adults | 1 |  |  |  |  |  |  |  |  |
| Portable Radio, batteries & spare set | 1 |  |  |  |  |  |  |  |  |
| Torch, batteries & spare set | 2 |  |  |  |  |  |  |  |  |
| First aid kit and essential medications | 1 |  |  |  |  |  |  |  |  |
| Paper & Pencils or Pens | 1 small notepad and 1-2 pens/pencils |  |  |  |  |  |  |  |  |
| Games/Activities for children to entertain them (suggest: crayons, bubbles) | 1 pack crayons/chalk, small bottle bubbles, etc |  |  |  |  |  |  |  |  |

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| **Item** | **Suggested Quantity** | **Quantity needed for this centre** | **Location(s)** | **Checked Term 1 20\_\_** | **Checked Term 3 20\_\_** | **Checked Term 1 20\_\_** | **Checked Term 3 20\_\_** | **Checked Term 1 20\_\_** | **Checked**  **Term 3 20\_\_** |
| In Quick Grab bag/s | | | | | | | | | |
| Water | 500ml per person |  |  |  |  |  |  |  |  |
| Non perishable food, incl baby formula – snack bars, biscuits | 3 items/ person |  |  |  |  |  |  |  |  |
| Lollies – lollipops / barley sugars | 1-2 pkts |  |  |  |  |  |  |  |  |
| Nappies (various sizes) for nappy wearing children | 4 per child |  |  |  |  |  |  |  |  |
| Wet wipes | 1 – 2 packs |  |  |  |  |  |  |  |  |
| Hand sanitiser (500mls) | 1 |  |  |  |  |  |  |  |  |
| Survival blanket/s | 1 per 3 people |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Any special needs such as hearing aids and spare batteries, glasses or mobility aids |  |  |  |  |  |  |  |  |  |
| Face/Dust Masks |  |  |  |  |  |  |  |  |  |
|  | 1 per person |  |  |  |  |  |  |  |  |
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| **Item** | **Suggested Quantity** | **Quantity needed for this centre** | **Location(s)** | **Checked Term 1 20\_\_** | **Checked Term 3 20\_\_** | **Checked Term 1 20\_\_** | **Checked Term 3 20\_\_** | **Checked Term 1 20\_\_** | **Checked**  **Term 3 20\_\_** |
| **Centre Civil Defence Kit/s** | | | | | | | | | |
| Toilet paper and large rubbish bags | 1 roll/ people, +1 large bag/ 5 people |  |  |  |  |  |  |  |  |
| Water – enough for 24hrs/person | 3 L/person |  |  |  |  |  |  |  |  |
| Non-perishable food – enough to last 1 day: eg. Canned spaghetti/baked beans, pasta, snack bars, powered milk, cereals, baby food, formula |  |  |  |  |  |  |  |  |  |
| Ropes | 2 |  |  |  |  |  |  |  |  |
| Tarps – decent size | 2 |  |  |  |  |  |  |  |  |
| Whistle of loudhailer | 1 |  |  |  |  |  |  |  |  |
| Candles | 4 |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Duct tape and plastic sheeting | 2 rolls tape, 2 large sheets |  |  |  |  |  |  |  |  |
| Work gloves | 3 pairs |  |  |  |  |  |  |  |  |
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| **Item** | **Suggested Quantity** | **Quantity needed for this centre** | **Location(s)** | **Checked Term 1**  **20\_\_** | **Checked Term 3 20\_\_** | **Checked Term 1 20\_\_** | **Checked Term 3 20\_\_** | **Checked Term 1 20\_\_** | **Checked**  **Term 3 20\_\_** |
| Centre Civil Defence Kit/s | | | | | | | | | |
| Cooking pots | 2 |  |  |  |  |  |  |  |  |
| Waterproof matches/fire starter in waterproof container/bag | 2 boxes |  |  |  |  |  |  |  |  |
| Can opener – not electric | 2 |  |  |  |  |  |  |  |  |
| Cups/plates/utensils – may be paper/plastic | 1/person in centre (4 / person if disposable) |  |  |  |  |  |  |  |  |
| Utility knife | 1 |  |  |  |  |  |  |  |  |
| Latex gloves | 1 box |  |  |  |  |  |  |  |  |
| Hi Vis vest (for adults/s in charge) | 2 |  |  |  |  |  |  |  |  |
| Buckets | 4 |  |  |  |  |  |  |  |  |
| Personal hygiene items and sanitary supplies | 2 boxes |  |  |  |  |  |  |  |  |
| Face/Dust masks | 1 box |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Small gas burner & required gas or BBQ | 1 |  |  |  |  |  |  |  |  |

Some optional items that can be added to your Kit/s include: Water purification tablets, Safety goggles, Tent pegs, Woollen blankets, rain ponchos, spare clothing, generator & fuel.

Where is your Civil Defence Emergency Kit located? Consider how you will access emergency items both if you can’t enter building, or if you can’t leave.

A Wheelie Bin can be useful to easily relocate inside/outside each day, but consider how to transport items if you have to evacuate through broken roads/mud.

Keep paperwork (emergency plan/contact details) in a waterproof ziplock bag. Also handy to have a copy saved online.

Batteries not in use have a shelf life of 10 years. Check for leakages. Keep in original package if possible and not in contact with metal as will corrode.

Water to drink (3L/person /day): 5 drops bleach /litre (1/2 tsp for 10 litres of water). Store in dark place and replace water every 12 months. Can use water stored in hot water cylinder etc, as part of the water requirements – however if you do this – you must turn off power supply and water supply to the cylinder as it can become contaminated and/or dangerous if you do not.

Survival blankets are useful if a person is already warm. They keep the heat in. They do not heat a person up. 2-3 children can be covered by one blanket.

First aid kit should be medium to large in size and contents. I must be able to cater for the numbers of tamariki and adults on any session.

Duct tape is for securing broken windows. Thick gloves to pick up broken glass.

Tarpaulin to sit on or use as shelter.

Woollen blankets are useful, however can be bulky and take up room. Consider the amount of room you have to store them with the kit.

Record the local radio station’s frequency in your Emergency Plan. This can be found at : <http://getthru.govt.nz/how-to-get-ready/radio-stations-to-listen-to>

Ensure essential medications required by those at Centre are held in store or brought in each session in quantities to cover a 48hour period at least. Information on how to plan for feeding babies under 12 months old can be found at [https://www.health.govt.nz/system/files/documents/topic sheets/feeding-your-baby-in-an-emergency-dec15pdf](https://www.health.govt.nz/system/files/documents/topic%20sheets/feeding-your-baby-in-an-emergency-dec15pdf)

Planning for evacuation should be part of your Emergency Plan – look at [http://getthru.govt.nz/how-to-get-ready/evacuation/for more tips](http://getthru.govt.nz/how-to-get-ready/evacuation/for%20more%20tips)

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| FIRST AID KIT CONTENTS | | | | | | | | |  |  | |  | |
| You can buy First Aid Kits readymade. If you are making your own, these items are recommended as the minimum, more may be needed if very large centre. | | | | | | | | | | | | | |
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| **Item** | Suggested Quantity for 30 people | QuantityNeeded for this centre | Location(s) | CheckedTerm 120\_\_ | | CheckedTerm 320\_\_ | | CheckedTerm 120\_\_ | | | | CheckedTerm 320\_\_ | |
| **Centre**  **Kit** | **Excursion Kit** | **Centre Kit** | **Excursion Kit** | **Centre Kit** | | | **Excursion Kit** | **Centre Kit** | **Excursion Kit** |
| Triangular bandages | 2 |  |  |  |  |  |  |  | | |  |  |  |
| Roller bandages- 50mm | 1 roll |  |  |  |  |  |  |  | | |  |  |  |
| Roller bandages- 75mm | 1 roll |  |  |  |  |  |  |  | | |  |  |  |
| Sterile gauze- 7.5 x 7.5 | 2 |  |  |  |  |  |  |  | | |  |  |  |
| Adhesive wound dressing- 6 cm wide  x 1 metre long | 1 strip |  |  |  |  |  |  |  | | |  |  |  |
| Plaster strip dressings | 1 packet of 50-100 |  |  |  |  |  |  |  | | |  |  |  |
| Adhesive tape- 25mm hypoallergenic | 1 roll |  |  |  |  |  |  |  | | |  |  |  |
| Sterile non-adhesive pads- small (2) and large (3) | 2 + 3 |  |  |  |  |  |  |  | | |  |  |  |
| Sterile eye pad | 1 |  |  |  |  |  |  |  | | |  |  |  |
| Eye wash container | 1 |  |  |  |  |  |  |  | | |  |  |  |
| Sterile saline solution (for cleaning eyes/wounds) | 2 |  |  |  |  |  |  |  | | |  |  |  |
| Antiseptic solution or swabs | 4 |  |  |  |  |  |  |  | | |  |  |  |
| Safety pins (mix of sizes in a bag) | 1 bag |  |  |  |  |  |  |  | | |  |  |  |
| Scissors/shears (1 pair) | 1 pair |  |  |  |  |  |  |  | | |  |  |  |
| Splinter forceps/tweezers (1 pair) | 1 pair |  |  |  |  |  |  |  | | |  |  |  |
| Disposable gloves | 10 pairs |  |  |  |  |  |  |  | | |  |  |  |

# SOURCE

St John, Triple 1 Care

First Aid requirements for Criterion PF28

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| Item | Suggested Quantity for 30 people | Quantity needed for this centre | Location(s) | CheckedTerm 120\_\_ | | CheckedTerm 320\_\_ | | CheckedTerm 120\_\_ | | CheckedTerm 320\_\_ | |
| **Centre**  **Kit** | **Excursion Kit** | **Centre Kit** | **Excursion Kit** | **Centre Kit** | **Excursion Kit** | **Centre Kit** | **Excursion Kit** |
| Cold Pack (from freezer or instant ice pack) | 2 |  |  |  |  |  |  |  |  |  |  |
| Accident register & pencil | 1 |  |  |  |  |  |  |  |  |  |  |
| First Aid Manual | 1 |  |  |  |  |  |  |  |  |  |  |
| CPR face shield | 2 |  |  |  |  |  |  |  |  |  |  |
| Card listing local emergency numbers | 1 |  |  |  |  |  |  |  |  |  |  |
| OPTIONAL | | | | | | | | | | | |
| Splinter probes – individual use, sealed and sterile |  |  |  |  |  |  |  |  |  |  |  |
| Insect bite cream |  |  |  |  |  |  |  |  |  |  |  |
| Arnica cream |  |  |  |  |  |  |  |  |  |  |  |
| Sanitary items |  |  |  |  |  |  |  |  |  |  |  |
| The first aid kit may also contain any Category (i) medicines providing the appropriate written authority has been gained from parents if they will not be ones administering this |  |  |  |  |  |  |  |  |  |  |  |