## Leadership in groups

Embarking on the journey of 'Leadership In Groups', I quickly understood that it was going to be a weekend I would never forget. The secrecy surrounding the content of the course was both intriguing and terrifying. Would they make me abseil down a mountain or engage in trust games where falling backward off a table and landing in the group's arms? The last minute mention of needing a torch, brought back memories of a fourth form camp.

The leadership course was one of the most enlightening experiences of my life. The intensity of this course had me heading home feeling drained but also aware of myself, my strengths and my own leadership skills, while being different from others, they were just as valuable and important to the running of my centre.

If you get the chance to be a part of this wonderful experience, be ready to share and participate and you will learn. You will be pulled out of your comfort zone, thrown into challenging situations, there will be tears, laughter, a trial here, a tribulation there, great comfort food, and the building of some long-standing and beneficial relationships for your Playcentre journey and beyond.

I want to thank the fantastic group that I shared this weekend with, our amazing facilitators, Mary-Margaret Schuck and Robynn Kopua for their openness and role-modelling over the weekend, and Hutt Playcentre Association for facilitating this inspiring workshop.

## What you will get out of Leadership in groups

- L earning
- E nlightenment
- **A** wareness
- $\mathbf{D}$  etermination
- **E** motional
- ${\bf R}$  elationships
- S trength
- Humour
- I nspiration
- P urpose

