

# Matariki



## Tupuānuku

Tupuānuku is the star connected with everything that grows within the soil to be harvested or gathered for food.

This star can be read as an indication of how well your crops will grow in the next season.

It is positioned at the right of the cluster below Tupuārangi.

### Whakatauki (proverb)

E kore te kūmara e kī ake ki a ia ha māngaro,  
The kūmara does not announce it is tasty  
(be humble)

### Kupu whakarite (metaphor/simile)

He ringa tango parahia,  
Hands that root out weeds  
This kupu whakarite is to  
describe a hard worker.

### Ideas for learning through play

1. Learn the karakia kai - [E Rongo, e Rongo](#)
2. Do some mahi māra (gardening).
3. Try out some [te reo Maori words and phrases when gardening](#) with the tamariki.
4. If you don't have a garden at your centre, now would be a great time to set one up.
5. Set up a compost bin and or worm farm.
6. Later in the year you could [grow kūmara](#) tipu/shoots and then [plant](#) them.
7. Work towards [zero waste](#) with ParaKore.
8. Up your game with [recycling](#).
9. Find out about/draw/explore Rongo-mā-tane, Haumia-tiketike.
10. Sing the waiata [Manu tiria](#).
11. Read the pukapuka (book) Te Taonga nei te kūmara (The gift of kūmara). This book as well as other [5+ a day resources and seeds](#) can be ordered free of charge.